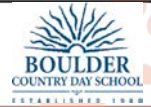


Hosted by:



Real Parents, Real Daughters Workshop for grades 4-5 September 2011

For over ten years, the Girls Leadership Institute has awakened thousands of girls to a life of authentic leadership. Co-founded by bestselling author and girl-expert, Rachel Simmons, we are a national nonprofit organization providing unique, powerful programs to girls, their parents and their educational communities.

Empower your daughter to make real friends, communicate honestly and directly, and be her true self!

The *Real Parent, Real Daughters* workshop series allows parents and daughters to laugh and learn about themselves in a safe environment. We encourage girls and parents to have fun together while learning about friendships, feelings, apologies and healthy approaches to conflict. Families learn techniques and establish healthy practices that will serve the girls well in elementary school and beyond. Each workshop is 90 minutes long, once a week, for four consecutive weeks.

- Week 1 – Standing Up for Yourself
- Week 2 – Sharing Feelings
- Week 3 – Nobody's Perfect!
- Week 4 – Putting It All Together: Four Steps of Healthy Conflict

Who: Girls in grades four and five with one parent

Space is limited to the first 15 families

Workshop is open to the public; registration is first come, first serve.

When: Thursdays, September 8, 15, 22, 29, from 6-7:30pm

Where: Boulder Country Day School
4820 Nautilus Court North
Boulder, CO 80301

Cost: \$180, per parent/child combination, snack included
(Scholarships available, based on need. Call for details.)

Registration: www.girlsleadershipinstitute.org/programs/colorado

Questions: Visit www.girlsleadership.org or call 866-744-9102



"I now have the building blocks and a foundation of communication for both my daughter and I and her and her friends. Very valuable!"

- GLI Parent

Mission: *The Girls Leadership Institute inspires girls to be true to themselves. We teach the practices of emotional intelligence, assertive self-expression and healthy relationships, giving girls the skills and confidence to live as leaders.*

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